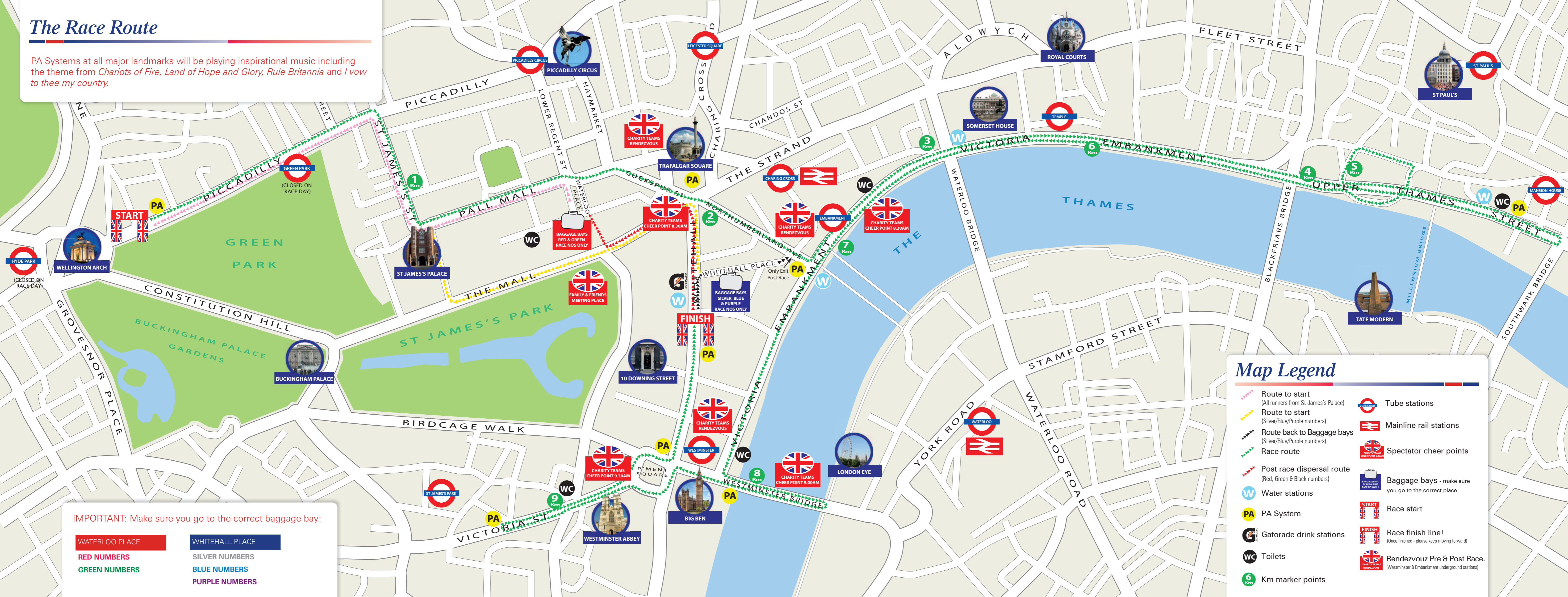


# The Race Route

PA Systems at all major landmarks will be playing inspirational music including the theme from *Chariots of Fire*, *Land of Hope and Glory*, *Rule Britannia* and *I vow to thee my country*.



**IMPORTANT:** Make sure you go to the correct baggage bay:

- |                       |                        |
|-----------------------|------------------------|
| <b>WATERLOO PLACE</b> | <b>WHITEHALL PLACE</b> |
| <b>RED NUMBERS</b>    | <b>SILVER NUMBERS</b>  |
| <b>GREEN NUMBERS</b>  | <b>BLUE NUMBERS</b>    |
|                       | <b>PURPLE NUMBERS</b>  |

## Map Legend

- |   |   |
|---|---|
| Route to start (All runners from St James's Palace)     | Tube stations   |
| Route to start (Silver/Blue/Purple numbers)             | Mainline rail stations  |
| Route back to Baggage bays (Silver/Blue/Purple numbers) | Spectator cheer points  |
| Race route  | Baggage bays - make sure you go to the correct place                        |
| Post race dispersal route (Red, Green & Black numbers)  | Race start  |
| Water stations  | Race finish line! (Once finished - please keep moving forward)              |
| PA System   | Rendezvous Pre & Post Race. (Westminster & Embankment underground stations) |
| Gatorade drink stations                                 |   |
| Toilets   |   |
| Km marker points  |   |